

DANCE ETC. 2026 CLASS TIMETABLE

MONDAYS											
STUDIO 1				STUDIO 2				STUDIO 3			
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m					11-11.45am	Cupcakes Acro	3-5y	45m
12-12.45pm	Cupcakes Dance	4-5y	45m								
3.30-4.15pm	Jazz	5-6y	45m	3.30-4.15pm	Hip Hop	6-9y	45m				
4.15-4.45pm	Tap	5-7y	30m	4.15-4.45pm	Hip Hop	5-6y	30m	3.45-4.45pm	Acro*	Green	60m
4.45-5.30pm	Jazz	6-7y	45m	4.45-5.30pm	Jazz	8-9y	45m	4.45-5.30pm	Acro*	Aqua	45m
5.30-6pm	Tap	7-9y	30m								
6-6.45pm	Hip Hop	10+y	45m	5.30-6.45pm	Lyrical/Contemp	15+y	75m	5.30-6.30pm	Acro*	Vio/Oge	60m
6.45-7.45pm	Jazz	13+y	60m	6.45-7.45pm	Jazz	15+y	60m	6.30-7.45pm	Acro*	Oge+	75m
7.45-8.30pm	Hip Hop	12+y	45m	7.45-8.30pm	Hip Hop	16+y	45m	7.45-8.30pm	Hip Hop	14+y	45m
TUESDAYS											
STUDIO 1				STUDIO 2				STUDIO 3			
9.15-10.15am	Cupcakes Combo	3-5y	60m					9.45-10.15am	Cupcakes Acro*	2-3y	
10.30-11.15am	Cupcakes Dance	4-5y	45m					10.30-11.15am	Cupcakes Acro	3-4y	
11.30-12.15pm	Cupcakes Dance	3-4y	45m					11.30-12.15pm	Cupcakes Acro	4-5y	
3.30-4.15pm	Lyrical	6-9y	45m	3.30-4.15pm	Jazz	6-7y	45m	3.30-4.15pm	Acro	Aq/Grn	45m
4.15-5pm	Ballet	Lvl 1-2	45m	4.15-5pm	Jazz	8-9y	45m	4.15-5.15pm	Acro	Grn/Vio	60m
5-5.45pm	Ballet	Lvl 3-4	45m	5-5.45pm	Hip Hop	6-9y	45m				
5.45-6.30pm	Ballet	Lvl 5-6	45m	5.45-6.30pm	Hip Hop	12+y	45m	5.15-7.30pm	XLR8 TEENS	Invite	135m
6.30-8pm	Ballet/Pointe	Open	90m	6.30-7.30pm	Jazz	12+y	60m				
8-8.45pm	ECHO	Invite	45m	7.30-8.30pm	Contemporary	12+y	60m	7.30-8.15pm	Commercial	17+y	45m
								8.15-9pm	Heels	17+y	45m
WEDNESDAYS											
STUDIO 1				STUDIO 2				STUDIO 3			
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
3.30-4.15pm	Jazz	5-6y	45m					3.30-4.15pm	Cupcakes Acro	5-6y	45m
4.15-4.45pm	Ballet	5-6y	30m	3.45-4.45pm	XLR8 MINIS	Invite	60m	4.15-5.30pm	Acro	Vio/Oge	75m
4.45-5.30pm	ROAR	Invite	45m	4.45-5.30pm	Hip Hop	10-12y	45m				
5.30-6.30pm	Contemporary	10-12y	60m	5.30-7pm	XLR8 SENIORS	Invite	90m	5.30-7pm	Acro	Wte/Yel	90m
6.30-7.30pm	Jazz	10-12y	60m		(Jazz)						
7.30-8.30pm	Lyrical	10-14y	60m	7-8.30pm	Jazz/Contemp	13+y	90m	7-8.30pm	THUNDERSTORM	Invite	90m
THURSDAYS											
STUDIO 1				STUDIO 2				STUDIO 3			
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
12-12.30pm	Cupcakes Tap	3-5y	30m								
3.30-4.15pm	Hip Hop	6-9y	45m								
4.15-5pm	Hip Hop	10-14y	45m	3.45-4.45pm	XLR8 PETITES	Invite	60m	4-4.45pm	RIOT CREW	Invite	45m
5pm-6pm	Lyrical	10-14y	60m	4.45-6.45pm	XLR8 JUNIORS	Invite	120m	4.45-5.30pm	FUSION CREW	Invite	45m
6pm-7pm	Jazz	10-14y	60m					5.30-6.30pm	GRNNVY CREW	Invite	60m
7pm-7.45pm	Tap	Snr 1-2	45m	6.45-8.15pm	XLR8 SENIORS	Invite	90m	6.30-7.30pm	ILLUSION CREW	Invite	60m
7.45-8.30pm	Lyrical	13+y	45m		(lyrical)			7.30-8.30pm	NRG CREW	Invite	60m
FRIDAYS											
STUDIO 1				STUDIO 2				STUDIO 3			
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
								12-12.45pm	Cupcakes Acro	3-5y	45m
3.30-4.30pm	Jazz/Tap Combo	6-9y	60m	3.45-4.30pm	Jazz	5-6y	45m	3.30-4.30pm	Acro	Green	60m
4.30-5.15pm	Lyrical	6-9y	45m	4.30-5.15pm	Hip Hop	10+y	45m	4.30-5.15pm	Acro	Aqua	45m
5.15-6pm	Hip Hop	6-9y	45m	5.15-6.15pm	Lyrical	10+y	60m	5.15-6.15pm	Acro	Vio/Oge	60m
				6.15-7.15pm	Jazz	10+y	60m				
SATURDAYS											
STUDIO 1				STUDIO 2				STUDIO 3			
8.30-9am	Ballet	4-6y	30m	8.15-8.45am	Hip Hop	5-6y	30m				
9-9.30am	Cupcakes Dance	2-3y	30m	8.45-9.30am	Jazz	5-6y	45m	8.45-9.30am	Cupcakes Acro	3-5y	45m
9.30-10.15am	Tap	Jnr 1	45m	9.30-10.15am	Cupcakes Dance	4-5y	45m	9.30-10.15am	Acro*	Aqua	45m
10.15-11am	Tap	Jnr 2	45m	10.15-11am	Musical Theatre	8-12y	45m	10.15-11am	Lyrical	6-9y	45m
11-11.45am	Jazz	6-7y	45m	11-11.45am	Jazz	8-9y	45m	11-12.30pm	Acro*	Oge+	90m
11.45-12.30pm	Tap	Snr 1-2	45m	11.45-12.30pm	Hip Hop	6-9y	45m				
12.30-1.15pm	Tap	Snr 3	45m	12.30-1.15pm	Hip Hop	10-12y	45m	12.30-2pm	Acro*	Grn/Vio	90m
1.15-2pm	Hip Hop	13+y	45m	1.15-2pm	Contemporary	10+y	45m				
2-3pm	Lyrical	13+y	60m	2-3pm	Lyrical	10-12y	60m	2-3pm	Acro*	9+ Beg	60m
3-4pm	Jazz	13+y	60m	3-4pm	Jazz	10-12y	60m	3-3.45pm	Breakin'	6+ Beg	45m
				4-4.45pm	Jazz	10+y	45m	3.45-4.30pm	Breakin'	10+ Exp	45m

MONDAYS @VASTO CLUB		
4.30-5.15pm	JUNIOR STARZ	45m
5.15-6pm	SENIOR STARZ	45m
6-6.45pm	STARZ CREW	45m

* = NON CONCERT CLASS
Cupcakes Combo = Dance & Tap

Times are subject to changes without notice