

2024 CLASS TIMETABLE

Studio 1				Studio 2				Studio 3			
MONDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m					11-11.45am	Cupcakes Acro	3-4y	45m
								12-12.45pm	Cupcakes Acro	4-5y	45m
3.30-4.15pm	Jazz	6-7y	45m	3.30-4.15pm	Jazz	8-9y	45m	3.30-4.15pm	Acro*	Aqua	45m
4.15-5.00pm	Jazz	5-6y	45m	4.15-5.00pm	Hip Hop	6-9y	45m	4.15-5.15pm	Acro*	Green	60m
5.00-5.30pm	Ballet	Prep	30m	5.00-5.30pm	Hip Hop	5-6y	30m	5.15-6.15pm	Acro*	Violet	60m
5.30-6.30pm	Hip Hop	10-12y	60m	5.30-6.30pm	Jazz	15+y	60m	6.15-7.15pm	Acro*	Orange	60m
6.30-7.30pm	Contemporary	15+y	60m	6.30-7.30pm	Hip Hop	13-14y	60m	7.15-8.30pm	Acro*	Wte/Ylw	75m
7.30-8.30pm	Jazz	13+y	60m	7.30-8.30pm	Hip Hop	15+y	60m				
TUESDAYS											
10.30-11.15am	Cupcakes Dance	4-5y	45m					9.45-10.15am	Cupcakes Acro	2-3y	30m
11.30-12.15pm	Cupcakes Dance	3-4y	45m					10.30-11.15am	Cupcakes Acro	3-4y	45m
								11.30-12.15pm	Cupcakes Acro	4-5y	45m
3.30-4.15pm	Lyrical	6-9y	45m	3.30-4.15pm	Jazz	6-7y	45m	3.30-4.15pm	Jazz	5-6y	45m
4.15-5.00pm	Ballet	Lvl 1/2	45m	4.15-5.00pm	Jazz	8-9y	45m	4.15-5.15pm	Acro	Aq/Grn	60m
5.00-5.45pm	Ballet	Lvl 3/4	45m	5.00-5.45pm	Hip Hop	6-9y	45m	5.15-6.15pm	Acro	Vio/Oge	60m
5.45-6.45pm	Ballet	Lvl 5/6	60m	5.45-6.30pm	Hip Hop	10+y	45m				
6.45-7.45pm	Ballet	Open	60m	6.30-7.30pm	Contemporary	10+y	60m	6.15-7.30pm	Acro	Wte/Ylw	75m
7.45-8.30pm	Pointe	Invite	45m	7.30-8.30pm	Jazz	Open	60m	7.30-8.30pm	Jazz	10-12y	60m
WEDNESDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
3.45-4.45pm	XLR8 MINIS	Invite	60m	3.45-4.45pm	XLR8 JUNIORS	Invite	60m	3.30-4.30pm	Acro	Aq/Grn	60m
4.45-5.30pm	Hip Hop	10-12y	45m	4.45-5.45pm	XLR8 INTERS	Invite	60m	4.30-5.45pm	STORM	Invite	75m
5.30-6.30pm	Contemporary	10-12y	60m	5.45-6.45pm	XLR8 OPEN	Invite	60m	5.45-7.00pm	THUNDER	Invite	75m
6.30-7.30pm	Jazz	10-12y	60m	6.45-7.15pm	ROAR SNR	Invite	30m				
7.30-8.30pm	Lyrical	10-14y	60m	7.15-8.30pm	XLR8 PREPRO	Invite	75m	7.00-8.30pm	Jazz/Contemp	13+y	90m
THURSDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
4.00-4.45pm	Lyrical	6-9y	45m	3.45-4.45pm	XLR8 JUNIORS	Invite	60m	3.45-4.45pm	XLR8 PETITES	Invite	60m
4.45-5.45pm	ROAR JNR	Invite	60m	4.45-5.45pm	XLR8 INTERS	Invite	60m	4.45-5.45pm	GRNNVY CREW	Invite	60m
5.45-6.30pm	Tap	Lvl 1	45m	5.45-7.15pm	XLR8 OPEN	Invite	90m	5.45-6.30pm	FUSION CREW	Invite	45m
6.30-7.30pm	Tap	Lvl 2/3	60m					6.30-7.30pm	ILLUSION CREW	Invite	60m
7.30-8.30pm	Jazz	10-14y	60m	7.15-8.30pm	XLR8 PREPRO	Invite	75m	7.30-8.30pm	NRG CREW	Invite	60m
FRIDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m					12-12.45pm	Cupcakes Acro	3-5y	45m
3.30-4.15pm	Jazz	6-9y	45m					3.30-4.15pm	Acro	Aqua	45m
4.15-5.00pm	Tap	5-9y	45m	4.00-5.00pm	Jazz	10-12y	60m	4.15-5.00pm	Acro	Green	45m
5.00-5.45pm	Hip Hop	6-9y	45m	5.00-6.00pm	Lyrical	10-12y	60m	5.00-6.00pm	Acro	Vio/Oge	60m
				6.00-7.00pm	Hip Hop	10-12y	60m				
SATURDAYS											
8.30-9.00am	Cupcakes Tap	3-5y	30m	9.00-9.30am	Cupcakes Dance	2-3y	30m	8.45-9.30am	Jazz	5-6y	45m
9.00-9.45am	Cupcakes Dance	4-5y	45m	9.30-10.15am	Tap	6-9y	45m	9.30-10.15am	Acro*	Aqua	45m
9.45-10.15am	Ballet	Prep	30m	10.15-11.00am	Jazz	6-7y	45m	10.15-11am	Cupcakes Acro	3-5y	45m
10.15-11.00am	Jazz	8-9y	45m	11.00-11.45am	Lyrical	6-9y	45m	11.15-12.30pm	Acro*	Oge+	75m
11.00-11.30am	Hip Hop	5-6y	30m	11.45-12.30pm	Hip Hop	6-9y	45m				
11.45-12.30pm	Tap	Lvl 1/2	45m	12.30-1.30pm	Jazz	10-12y	60m	12.30-1.30pm	Acro*	Green	60m
12.30-1.30pm	Hip Hop	13+y	60m	1.30-2.30pm	Lyrical	13+y	60m	1.30-2.30pm	Acro*	Violet	60m
1.30-2.30pm	Hip Hop	10-12y	60m	2.30-3.30pm	Lyrical	10-12y	60m	2.30-3.30pm	Acro Beginners*	10+y	60m
2.30-3.30pm	Jazz	13+y	60m	3.30-4.30pm	Break Dance	8+yrs	60m				
3.30-4.30pm	Tap	Lvl 3	60m								
Mondays @Vasto Club				*Technique Only (no performance in concert)				Times are subject to changes without notice			
4.30-5.15pm	STARZ Dance#	Jnr	45m	#Accessible Class for students with disabilities							
5.15-6.00pm	STARZ Dance#	Snr	45m								
6.00-6.45pm	STARZ Crew#	Open	45m								

Cupcakes Students:

Option 1: Mondays

10-10.45am 3-4yrs CC Dance
11-11.45am 3-4yrs CC Acro

Option 2: Mondays

11-11.45am 4-5yrs CC Dance
12-12.45pm 4-5yrs CC Acro

Option 3: Tuesdays

10.30-11.15am 3-4yrs CC Acro
11.30-12.15pm 3-4yrs CC Dance

Option 4: Tuesdays

10.30-11.15am 4-5yrs CC Dance
11.30-12.15pm 4-5yrs CC Acro

Option 7: Fridays

11-11.45am 4-5yrs CC Dance
12-12.45pm 4-5yrs CC Acro

Option 8: Saturdays

8.30-9am 3-5yr CC Tap
9-9.45am 4-5yrs CC Dance
OR 9-9.30am 2-3yrs CC Dance
9.45-10.15am 4-6yr Ballet
10.15-11am 3-5yr CC Acro
11-11.30am 5-6yr Hip Hop

8-9yr Students:

Option 1: Mondays

3.30-4.15pm 8-9yrs Jazz
OR Aqua Acro
4.15-5pm 6-9yrs Hip Hop
OR 4.15-5.15pm Green Acro

Option 2: Tuesdays

3.30-4.15pm 6-9yrs Lyrical
4.15-5pm 8-9yrs Jazz
OR 4.15-5.15pm Aqua/Green Acro
5-5.45pm Level 3 Ballet
OR 5pm – 5.45pm 6-9yrs Hip Hop

Option 3: Fridays

3.30-4.15pm 6-9yrs Jazz
OR 3.30-4.15pm Aqua Acro
4.15-5pm 6-9yrs Tap
OR 4.15-5pm Green Acro
5-5.45pm 6-9yrs Hip Hop

Option 4: Saturdays

9.30-10.15am 6-9yrs Tap
10.15-11am 8-9yrs Jazz
11-11.45am 6-9yrs Lyrical
11.45-12.30pm 6-9yrs Hip Hop
12.30-1.30pm Green Acro

5-6yr Students:

Option 1: Mondays

3.30-4.15pm Aqua Acro
4.15-5pm 5-6yrs Jazz
5-5.30pm 5-6yrs Hip Hop
OR 5-5.30pm Prep Ballet

Options 2: Tuesday

3.30-4.15pm 5-6yrs Jazz
4.15-5.00pm Level 1 Ballet

Options 3: Saturdays

8.45-9.30am 5-6yr Jazz
9.30-10.15am Aqua Acro
OR 9.45-10.15am 4-6yr Ballet

10-12yr Students:

Option 1: Tuesdays

5.45-6.45pm Level 5 Ballet
OR 5.45-6.30pm 10+yrs Hip Hop
6.30-7.30pm 10+yrs Contemporary
7.30-8.30pm 10-12yrs Jazz

Option 2: Wednesdays

4.45-5.30pm 10-12yrs Hip Hop
5.30-6.30pm 10-12yrs Contemporary
6.30-7.30pm 10-12yrs Jazz
7.30-8.30pm 10-14yrs Lyrical

Option 3: Thursdays

5.45-6.30pm Lvl 1 Tap
6.30-7.30 Lvl 2/3 Tap
7.30-8.30pm 10-14yr Jazz

Option 4: Fridays

4.15-5pm Green Acro
OR 4-5pm 10-12yrs Jazz
5-6pm 10-12yrs Lyrical
OR 5-6pm Violet/Orange Acro
6-7pm 10-12yrs Hip Hop

Option 5: Saturdays

11.45-12.30pm Level 1/2 Tap
12.30-1.30pm 10-12yrs Jazz
1.30-2.30pm 10-12yrs Hip Hop
2.30-3.30pm 10-12yrs Lyrical
OR 10+yrs Beginner Acro
3.30-4.30pm Break Dance

15+y Students:

Option 1: Mondays

5.30-6.30pm 15+y Jazz
6.30-7.30pm 15+y Contemporary
7.30-8.30pm 15+y Hip Hop

Option 2: Tuesdays

6.45-7.45pm Open Ballet
7.45-8.30pm Pre-Pointe (Invite Only)

6-7yr Students:

Option 1: Mondays

3.30-4.15pm 6-7yrs Jazz
OR Aqua Acro
4.15-5pm 6-9yrs Hip Hop
5pm – 5.30pm Prep Ballet

Option 2: Tuesdays

3.30-4.15pm 6-7yrs Jazz
OR 3.30-4.15pm 6-9yrs Lyrical
4.15-5.15pm Aqua/Green Acro
OR 4.15-5pm Level 2 Ballet
5-5.45pm 6-9yrs Hip Hop

Option 3: Fridays

3.30-4.15pm 6-9yrs Jazz
OR 3.30-4.15pm Aqua Acro
4.15-5pm 6-9yrs Tap
5pm – 5.45pm 6-9yrs Hip Hop

Option 4: Saturdays

9.30-10.15am 5-9yrs Tap
OR 9.30-10.15am Aqua Acro
10.15-11am 6-7yrs Jazz
11-11.45am 6-9yrs Lyrical
11.45-12.30pm 6-9yrs Hip Hop
12.30-1.30pm Green Acro

13+y Students:

Option 1: Mondays

5.15-6.15pm Violet Acro
6.30-7.30pm 13-14yrs Hip Hop
OR 6.15-7.15pm Orange Acro
7.30-8.30pm 13+yrs Jazz

Option 2: Tuesdays

5.45-6.45pm Level 6 Ballet
OR 5.45-6.30pm 10+yrs Hip Hop
6.30-7.30pm 10+yrs Contemporary
OR 6.15-7.30pm Wte/Yel Acro
7.30-8.30pm Open Jazz

Option 3: Wednesdays

7-8.30pm 13+y Jazz/Contemp
(Combined style Class)

Option 4: Thursdays

6.30-7.30 Lvl 2/3 Tap
7.30-8.30pm 10-14yr Jazz

Option 5: Saturdays

11.15-12.30pm Oge/Wte/Yel Acro
OR 11.45-12.30pm Level 1/2 Tap
12.30-1.30pm 13+y Hip Hop
1.30-2.30pm 13+y Lyrical
OR Violet Acro
2.30-3.30pm 13+y Jazz
OR 10+y Beginner Acro
3.30-4.30pm Level 3 Tap
OR 3.30-4.30pm Break Dance